



DRAUMR™ 3.0 USER MANUAL



This manual is decent, but our YouTube videos kick ass... Scan the QR code above or search for "Amok Equipment" online to get the most out of your Amok Draumr™.



WARNING



**USE AT OWN
RISK**

WRONG USAGE COULD RESULT IN INJURY OR DEATH:

- Never hang more than **1 m (3 feet)** above ground.
- Never hang from dangerous objects, above cliffs, steep slopes etc.
- Always hang from sturdy and healthy trees.
- Enter the hammock carefully and pay attention to the trees and suspension - make sure it is safe.
- Only **ONE (1) person** in the hammock.
- Never exceed maximum capacity - **150 kg (330 lbs)**
- Never let small children use unattended.
- Never swing, stand or jump in the hammock.
- Never pull suspension straps taut! Allow for a **30° angle** towards trees.
- Never use for trips where you might expect harsh conditions and bad weather - this is not an expedition tent!
- Never use a damaged product - inspect before every use!

3 - 6m (10 - 20 feet)

RIGHT

LEFT



- 1 Find two sturdy trees 3-6 m (10-20 feet) apart with a clear and safe space between them. Open the bag and pull out the suspension straps. Attach the **GREEN** carabiner around the **RIGHT** tree (seen from inside hammock), so that the tree straps have an angle of about **30°** when in use. Stretch out the ridgeline and the remaining suspension strap. Untangle and untwist webbing. Attach **RED** carabiner around the **LEFT** tree. Do NOT make the mistake of tightening as much as possible to make the hammock “more flat” - aim for **30°** as shown above.



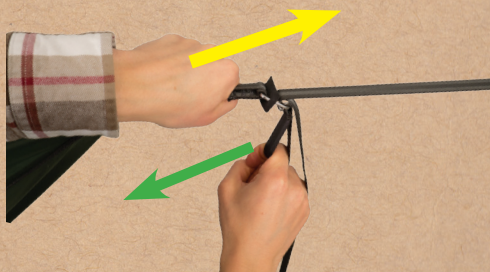
- 2 Inflate your sleeping pad (required in hammock for structure and insulation). Unzip zipper in the head end of the hammock. **Insert** sleeping pad. There is a hole on the opposite side, the foot end, for pulling the sleeping pad towards you. Once the sleeping pad is all the way in - prevent the pad from moving by **folding** one of the two “stoppers” above the pad. The inner one is for small pads and the outer for large pads. A large pad (198x65cm) will give more comfort, especially for tall people. Close the zipper after locking the sleeping pad under the “stopper”.



- 3 **Fold** the foot end over itself - the tip should be aligned with the grey side pockets. Sit down carefully on top of the fold while **holding on** to the ridgeline. Your feet should touch the ground - if not, adjust the suspension to lower the hammock. **Hold on** to the ridgeline, lean back, raise your legs and let the foot end unfold. Put your feet inside the foot box, without shoes. Adjust your balance point by pressing down with your hands and moving your body further up or down.



4 If you lie flat, but lean towards one of the sides (right picture), you need to adjust the suspension straps. This can be done by tightening/loosening the two metal buckles, and/or lowering/raising the tree straps. Adjust until you lie flat without tilting sideways. The ridgeline should now be horizontal at 0° (left picture). *Again - avoid tightening the tree straps too much - 30 degree angle!*



5 So you ignored all the warnings about tightening the tree straps too much, and now the buckle won't release because of the high tension... Pull the grey loop handle **towards** the hammock while lifting and pushing the hammock corner **towards** the tree. After having "flipped" the metal buckle - pull both hands towards you to **release** the straps. Next time, attach the tree straps higher.

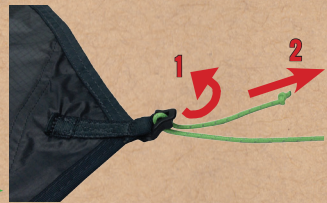
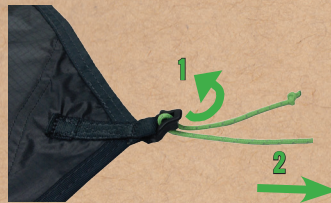


6 **Chair mode:** The adjustment straps inside the hammock can be used to adjust your sleeping position. They can also turn your hammock into a sun bed, recliner or chair: Lift your knees and **tighten** both the **knee adjusters**. Note - your bottom has to be in the middle - where the grey pockets are, and you have to lean backwards! After raising the knees, lean forward and tighten the back adjusters in the same manner. Release all the tension in both straps - "bed mode" - before entering or exiting the hammock!



7 Bug net: You will find a bug net attached inside a pocket in the left corner. Attach the small carabiner to the ridgeline before using the zipper. On the inside, towards the top, there are two cord adjusters. One is for lifting the entire bug net towards the ridgeline the other for tightening it when in chair mode. There is also an elastic guyline in the head end. This can be attached to a nearby object and adjusted from the inside. It will keep the bug net away from your face.

Important: Avoid sitting on top of the bug net while entering. It will tear.



8 Tarp setup: Find the seam in the middle of the tarp and take out the guy lines at each end. Attach the small carabiners to the same trees as the hammock. **Loosen** or **tighten** the lines so the tarp is centered above the ridgeline. Pull out the six corners and attach the guylines to the ground (pegs are included) or nearby trees. It is advisable to pull the tarp slightly towards the foot end, as the hammock is longer here.

If you lie down and have the text "Stay hungry. Stay foolish Stay wild" in front of you - the tarp is mounted correctly, as the outer seam will not collect water.

BAD WEATHER OR HIGH WINDS: Choose a sheltered campsite. Hang hammock as low as possible. Consider letting it rest on top of your backpack or other gear to prevent it from swinging. Pitch the tarp as close as possible and let it rest on the ridgeline.

HAMMOCK GUYLINES: Draumr has an optional guyline point at the foot end. Elastic guyline can be attached here to prevent the hammock from swinging (do not tighten too much!). Elastic guylines from this point up to the ridgeline or suspension points can also prevent your feet from tilting down if you use the hammock without an inflatable sleeping pad (or if you have a small pad).